



13th Annual Conference Schedule
Day 1: Saturday, September 13, 2025
Location: New York City, NY

Time	Activity	Facilitator
Opening Session: Moderator Rajani Bharati, PhD		
9:00-9:30 AM	Registration and warm up	<i>All</i>
9:30-10:00 AM	Seating of the guests and delegates and welcome speech	<i>Rajani Bharati, PhD, Asha Shrestha, MD</i>
10:00-10:10 am	Opening remarks	<i>Shreedhar Paudel, MD, MPH HFN President and Co-founder Psychiatrist, Mass General Hospital, Harvard Medical School</i>
10:10-10:25 am	Brief overview of HFN and its initiatives	<i>Aditya Joshi, MD, MPH Executive Director, HFN Neonatologist, Sinai Hospital Baltimore</i>
10:25 - 10:40	Remarks by the chief guest	H. E Lok Bahadur Thapa
10:40-11:15 am	Keynote speaker	<i>Prof. Dr. Bibhav Acharya</i>
11:15-11:25 am	Remarks by special guest	CEO of Elmhurst Hospital
11:25-11:45 AM	Distinguished speaker	Prof. Dr. Anand Ballabh Joshi
11:45-12:05 PM	Distinguished speaker	Dr. Sheela Maru
12:05 -12:25 PM	Invited Speaker	Dr Sangita Pudasaini-Kapri
12:25 - 12:35 PM	Felicitation and wrap up	
12:35 - 1:00 PM	Lunch	
Scientific Session		
01:00-2:00 pm (15 minutes each)	Session 1: Guest speakers: Dr. Rajani Bharati, Dr. Sudhamsu Gautam, Dr. Sylvia Maharjan, Dr. Prajjwal Pokharel	
02:00-02:30 pm	Session 2: Poster presentations	Pritika Khatri, MPH, PhD Candidate

02:30-3:30 pm (20 minutes each)	Session 3: Guest speakers <i>Dr. Kalu Singh Khatri, Dr. Sasidhar Gunturu and Dr. Mandeep Pathak</i>	
Interaction and Cultural Program		
5:00-6:00 pm	Networking and social hour	
6:00-7:00	Felicitation, fundraising	
7:00 - 7:15	Legacy of Mamta Kafle	<i>Sunita Basnet</i>
7:15- 7:30 pm	Dinner	All
7:30-8:30 pm 8:30-9:30 pm	Cultural event with dance and singing by the artists Dance with DJ	

Day 1: Saturday, September 14, 2025
Location: Virtual

Scientific Session		
9:15-10:15 AM	Panel discussion	Binita Adhikari
10:00-10:30 AM	Oral presentation on hearing and vision health in Nepal	Dr. Arjun Shrestha and Dr. Prasanta Paudel
Business Session		
10:30-11:00 AM	Future directions for HFN Projects (Mental Health, NCD, Digital Health and others)	Shreedhar Paudel, Yashashwi Pokharel, Manoj Bhattarai, Rajani Bharati
11:00-12:00 PM	Five year plan for HFN	Rajani Bharati, Madan Bhatt